Hypnotherapy is very safe and effective but in certain circumstances it may not be appropriate. If you reply YES to any of the questions below I am unable to provide hypnotherapy, however many other therapies are available that may help.

You may need to consult your GP if you are unsure as to your medical status or find it difficult to answer a question accurately.

Have you ever been diagnosed with (or suspect you suffer from):

Schizophrenia?

Bipolar Disorder?

Personality Disorder?

Psychosis?

Epilepsy?

Narcolepsy?

Do you have a serious heart condition?

Do you suffer with alcohol or drug addiction?

Has anyone been granted Power of Attorney on your behalf?

Are you under 18 years of age?